



NUTRITIONAL INFORMATION

Item Name	Serving Size	# of Servings	Energy (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Appetizers													
Fried Pickles	1 each	1	774	517	7	58	22	1	113	55	2	19	6030
Thai Wings	1 each	1	1268	627	112	68	21	0	547	53	3	46	2859
Buffalo Wings	1 each	1	1542	1099	110	122	31	0	594	5	1	4	3602
Daddys Nachos	1 each	1	1551	517	79	88	41	2	256	114	19	21	5356
Bacon Queso	1 each	1	931	408	52	46	20	0	122	80	11	3	2920
Backyard Nachos	1 each	1	1397	428	60	67	32	1	203	149	17	46	3734
Sliders	1 each	1	1176	765	50	84	30	5	216	54	4	11	2211
Housemade Chips w/ Pimento	1 each	1	738	26	17	47	13	0.4	61	66	5	5	2385
Housemade Chips w/ French Onion	1 each	1	400	103	10	11	6	0.3	33	70	5	7	2263
Housemade Chips w/ Both	1 each	1	887	131	20	59	20	0.7	94	76	6	10	2989
Truffle Fries	1 each	1	464	199	9	22	5	0	28	61	4	3	1030
Chili Bowl	1 each	1	621	275	29	40	17	2	109	38	8	15	1885
Chili Cup	1 each	1	498	212	24	33	14	1	91	28	6	11	1461
Sweet Fries APP	1 each	1	686	387	6	43	5	0	22	70	8	19	888
French Fries APP	1 each	1	480	142	9	16	2	0	14	80	6	10	726
Tater Tots	1 each	1	638	389	4	44	7	0	14	66	7	7	1532
Green Chile Cheese Tots*	1 each	1	972	571	19	64	17	1	53	91	12	4	2564
Pastrami Sliders*	1 each	1	611	273	40	30	9	1.8	107	46	1.5	6	2219
Buffalo Tots*	1 each	1	792	456	10	52	13	0	25	81	9	>1	2734
Onion Rings*	1 each	1	987	415	10	47	13	0	0	130	10.5	26	1558
Salads													
Texican Salad	1 each	1	919	433	35	48	7	0	104	88	13	12	1734
Asian Salad	1 each	1	713	255	42	31	5	0	49	70	12	28	3592
Stella Salad	1 each	1	556	106	41	19	7	0	102	48	12	16	1691
BBQ Chick Salad	1 each	1	927	432	36	50	14	0	122	92	19	40	2405
Burgers													
BD All American	1 each	1	962	556	41	61	21	3	150	61	5	14	1142
Steroid Burger	1 each	1	1725	1079	99	120	42	3	313	60	5	12	4427
Sam I Am	1 each	1	1252	789	59	87	34	3	423	56	4	10	2180
Pittsburger	1 each	1	1200	650	52	71	28	3	181	85	6	17	1397
Nicks Patty Melt	1 each	1	1843	637	48	160	40	5	225	53	7	10	2086
Classic Southern Burger	1 each	1	1228	724	51	80	29	4	199	77	7	25	2067
Mamas Burger	1 each	1	1139	666	52	73	27	3	184	65	6	12	1545
Magic Mushroom	1 each	1	1157	759	49	83	29	3	193	53	4	8	1014
Smokehouse Burger	1 each	1	1352	775	63	85	31	3	233	84	7	21	1587
Fried Mozzarella Burger*	1 each	1	1290	741	54	81	28	3	235	84	6	17	1359
Western Burger*	1 each	1	1025	434	52	48	8	1	144	95	8	24	2819
Wrangler Burger*	1 each	1	1291	638	54	70	27	3.1	175	111	10	27	1976

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Pastrami Burger*	1 each	1	1228	787	64	90	31	4	262	40	6	5	2237
Steakhouse Burger*	1 each	1	1485	928	54	102	35	5	204	85	7	15	1310
Jalapeno Popper Burger*	1 each	1	1405	808	73	89	34	3	247	76	6	18	3188

Non Burgers

Buffalo Chicken- Fried	1 each	1	966	399	47	47	18	1	131	93	6	11	4696
Buffalo Chicken- Grilled	1 each	1	796	392	42	46	18	1	131	58	4	11	3688
Emilios Chicken	1 each	1	1193	502	76	57	17	1	173	98	9	11	3962
Chicken Club	1 each	1	1494	273	54	120	24	3	151	51	4	7	4070
Frenchie	1 each	1	1114	581	50	65	16	1	176	83	5	11	1329
Cantina Burger	1 each	1	1072	322	37	41	11	1	41	142	24	12	2051
Maui Tuna	1 each	1	529	123	39	14	3	1	58	59	6	24	2262

Sides

French Fries	1 each	1	480	142	9	16	2	0	14	80	6	10	726
Sweet Fries	1 each	1	686	387	6	43	5	0	22	70	8	19	888
Tater Tots	1 each	1	638	389	4	44	7	0	14	66	7	7	1532
Side Fruit Cup	1 each	1	134	4	2	1	0	0	0	34	4	27	9
Side Slaw	1 each	1	188	98	3	11	1	0	9	21	5	14	588
Side Chips	1 each	1	126	1	3	0.1	0.05	0	0	30	2	1	830
Side Onion Rings	1 each	1	395	166	4	19	5	0	0	52	4	10	623

Desserts

Banana Pudding	1 each	1	813	279	9	31	21	0	43	130	6	93	541
S'mores Skillet	1 each	1	814	322	3	37	21	1	77	115	2	73	354

Non Alcoholic Shakes

Chocolate	16 oz	1	762	288	11	32	21	0	124	110	2	100	348
Vanilla	16 oz	1	602	288	11	32	21	0	124	74		64	318
Strawberry	16 oz	1	662	288	11	32	21	0	124	90	1	78	318
Chunck Elvis	16 oz	1	948	414	16	46	23	0	124	125	5	103	410
BD Snickered	16 oz	1	955	414	18	46	24	0	124	124	4	103	522
Cookies and Cream	16 oz	1	875	378	13	42	24	0	124	116	2	87	540
PB&J	16 oz	1	1136	441	18	49	27	0	147	167	3	123	601

Kids Menu

Kid Bag Chips	1 each	1	220	108	3	12	1	0	0	25	2	1	160
Kid Cheese Slider	1 each	1	376	252	16	28	10	2	72	14	1	2	678
Kid Chicken Tenders	1 each	1	660	270	57	30	6	0	90	42	6	6	1710
Kid Fries	1 each	1	240	72	4	8	1	0	7	40	3	5	363
Kid Fruit	1 each	1	67	0	1	0	0	0	0	17	2	14	4
Kid Gluten Free Chips	1 each	1	220	108	3	12	1	0	0	25	2	1	160
Kid Grill Cheese Sandwich	1 each	1	543	333	15	37	12	5	43	38	2	3	1340
Kid Hot Dog	1 each	1	300	144	14	16	6	7	30	25	2	5	630
Kid Onion Rings	1 each	1	197	81	2	9	3	0	0	26	2	5	312
Kid Slaw	1 each	1	94	54	1	6	1	0	5	11	3	7	294

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Kid Soft Serve Ice Cream	1 each	1	298	144	5	16	11	0	58	37	0	32	150
Kid Sweet Potato Fries	1 each	1	343	198	3	22	2	0	11	35	4	10	444
Kid Tots	1 each	1	319	198	2	22	3	0	7	33	4	4	766

CYO Burger Ingredients

1000 Island	1 each	1	95	90	0	10	1	0	21	2	0	1	145
10oz Burger Patty	1 each	1	815	630	44	70	27	3	215	0	0	0	1288
7oz Burger Patty	1 each	1	570	441	31	49	19	2	150	0	0	0	130
Apple Bacon BBQ Sauce	1 each	1	54	3	1	1	0	0	1	13	0.8	9	334
American	1 each	1	104	81	5	9	5	0	28	1	0	1	474
Avocado	1 each	1	71	63	1	7	1	0	0	4	3	0	3
Bacon	1 each	1	100	72	6	8	3	0	15	0	0	0	310
Bacon Mayo	1 each	1	102	99	1	11	2	0	11	1	0	0	175
BBQ Sauce	1 each	1	60	0	1	0	0	0	0	15	1	10	400
BD Sauce	1 each	1	124	90	1	10	1	0	9	8	1	5	291
Black Bean Burger Fried	1 each	1	438	18	21	2	1	0	4	85	17	3	1085
Black Bean Burger Grilled	1 each	1	438	18	21	2	1	0	4	85	17	3	1085
Bleu Cheese	1 each	1	150	108	9	12	8	0	32	1	0	0	487
Brie	1 each	1	142	108	9	12	7	0	43	0	0	0	267
Brioche Bun	1 each	1	311	108	7	12	2	1	0	43	2	6	383
Buffalo Patty	1 each	1	378	243	31	27	0	0	119	0	0	0	1215
Chicken Fried	1 each	1	270	18	28	2	0	0	60	35	2	0	1239
Chicken Grilled	1 each	1	101	18	23	2	0	0	60	0	0	0	231
Chili	1 each	1	115	63	6	7	3	0	18	8	2	3	423
Chip Ranch	1 each	1	133	135	0	15	2	0	15	1	0	0	102
Cream Cheese	1 each	1	80	63	2	7	5	0	20	2	0	1	125
Dijon Mustard	1 each	1	18	9	0	1	0	0	0	2	0	0	296
Feta	1 each	1	49	36	3	4	3	0	16	1	0	1	169
Fried Bacon	1 each	1	169	72	8	8	3	0	15	15	1	0	644
Fried Egg	1 each	1	289	261	8	29	16	0	285	0	0	0	89
Fried Mozzarella	1 each	1	224	99	13	11	6	0	76	18	1	0	432
Garlic Mayo	1 each	1	182	180	0	20	3	0	18	3	0	0	134
Grass Fed Burger*	1 each	1	488	378	27	42	17	2	128	0	0	0	1215
Grilled Onion	1 each	1	19	0	1	0	0	0	0	4	1	2	71
Guacamole	1 each	1	42	27	1	3	0	0	0	3	2	0	146
Guten Free Bun	1 each	1	261	99	3	11	4	1	0	39	6	3	453
HM American	1 each	1	72	54	5	6	4	0	17	1	0	0	167
Horsey Mayo	1 each	1	218	162	1	18	2	0	15	17	4	10	688
House Slaw	1 each	1	68	36	1	4	1	0	3	8	2	5	214
Jalapeno	1 each	1	10	0	1	0	0	0	0	2	1	1	600
Jalapeno Bacon	1 each	1	279	171	28	19	7	0	70	0	0	0	1718
Lettuce Wrap	1 each	1	8	0	1	0	0	0	0	2	1	1	6
Mayo	1 each	1	100	99	0	11	2	0	10	1	0	0	75
Monterey Jack	1 each	1	106	81	7	9	5	0	25	0	0	0	170
Mozzarella	1 each	1	128	90	9	10	6	0	34	1	0	0	267
Multigrain Bun	1 each	1	211	72	6	8	2	1	0	29	3	2	283
Mushroom Reg	1 each	1	13	0	1	0	0	0	0	3	0	1	282
Onion Straws	1 each	1	147	9	4	1	0	0	0	32	4	7	484

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Pablano Mayo	1 each	1	104	99	0	11	2	0	10	2	0	0	194
Pastrami	1 each	1	63	18	9	2	1	0	29	0	0	0	458
Peanutbutter	1 each	1	170	135	6	15	3	0	0	6	1	3	121
Pepper Jack	1 each	1	107	81	7	9	5	0	27	0	0	0	173
Pesto	1 each	1	33	27	1	3	0	0	0	1	0	0	67
Pimento	1 each	1	13	0	1	0	0	0	0	3	1	2	8
Pineapple	1 each	1	81	0	1	0	0	0	0	21	2	16	2
Pulled Pork	1 each	1	140	80	13	9	3.5	0	50	1	0	1	270
Ranch	1 each	1	177	171	1	19	7	0	38	2	0	1	75
Rosemary Ham	1 each	1	42	18	6	2	1	0	0	1	0	0	300
Rye Toast	1 each	1	283	126	6	14	3	2	0	34	4	3	531
Spicy Garlic Ketchup	1 each	1	28	0	0	0	0	0	0	5	0	5	226
Swiss	1 each	1	111	81	8	9	5	0	26	0	0	0	53
Texas Toast	1 each	1	286	117	8	13	2	2	0	36	2	2	523
Tomato Jam	1 each	1	74	0	2	0	0	0	0	17	2	9	274
Truffle Aioli	1 each	1	131	126	0	14	3	0	17	3	0	1	212
Tuna Patty	1 each	1	165	9	31	1	0	0	49	6	1	5	369
Turkey Patty	1 each	1	424	189	32	21	6	0	129	27	1	0	146
West Coast Sause	1 each	1	150	123	>1	14	2	0	12	8	>1	6	212
White Cheddar	1 each	1	115	81	6	9	5	0	28	1	0	0	185
Wild Mushrooms	1 each	1	30	0	2	0	0	0	0	7	1	1	233

CYO Salad Ingredients

1000 Island 1oz	Side Salad	1	127	117	1	13	2	0	27	2	0	1	193
1000 Island 2oz	Small Salad	1	254	234	1	26	4	0	55	5	0	1	387
1000 Island 3oz	Large Salad	1	380	351	2	39	6	0	82	7	1	2	580
7oz Burger	1 each	1	570	441	31	49	19	2	150	0	0	0	130
American 2oz	Small Salad	1	125	90	6	10	6	0	34	2	0	1	568
American 3oz	Large Salad	1	187	144	9	16	9	1	51	2	0	1	853
Apple 2oz	Small Salad	1	23	0	0	0	0	0	0	6	1	4	3
Apple 4oz	Large Salad	1	47	0	0	0	0	0	0	11	2	8	5
Applewood Smoked Bacon Crumble 1oz	Small Salad	1	130	117	3	13	4	2	19	0	0	0	236
Applewood Smoked Bacon Crumble 2oz	Large Salad	1	260	225	7	25	9	3	38	0	0	0	472
Applewood Smoked Bacon Crumbles 0.5oz	Side Salad	1	65	54	2	6	2	1	10	0	0	0	118
Avocado 0.25e	Small Salad	1	71	63	1	7	1	0	0	4	3	0	3
Avocado 0.5e	Large Salad	1	142	117	2	13	2	0	0	7	6	0	7
Avocado Ranch 1oz	Side Salad	1	197	189	1	21	7	0	35	3	1	1	77
Avocado Ranch 2oz	Small Salad	1	394	369	2	41	14	1	70	7	3	2	154
Avocado Ranch 3oz	Large Salad	1	591	558	3	62	21	1	105	10	4	3	231
Baby Portobello Mushroom 2oz	Small Salad	1	12	0	1	0	0	0	0	2	0	1	3
Baby Portobello Mushroom 4oz	Large Salad	1	25	0	3	0	0	0	0	5	1	2	7
Balsamic Vin 1oz	Side Salad	1	62	27	0	3	1	0	3	7	0	7	195
Balsamic Vin 2oz	Small Salad	1	123	54	1	6	1	0	7	15	0	14	391
Balsamic Vin 3oz	Large Salad	1	185	81	1	9	2	0	10	22	0	21	586
BBQ Ranch 1oz	Side Salad	1	163	153	1	17	6	0	31	3	0	2	129
BBQ Ranch 2oz	Small Salad	1	327	306	1	34	11	0	61	7	0	4	258
BBQ Ranch 3oz	Large Salad	1	490	459	2	51	17	1	92	10	0	5	387
Black Bean Burger	1 each	1	438	18	21	2	1	0	4	85	17	3	1085

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Black Beans 1oz	Side Salad	1	37	0	3	0	0	0	0	7	2	0	67
Black Beans 2oz	Small Salad	1	75	0	5	0	0	0	0	13	5	0	134
Black Beans 4oz	Large Salad	1	2	0	0	0	0	0	0	0	0	0	2
Black Olive 0.5oz	Side Salad	1	16	18	0	2	0	0	0	1	0	0	104
Black Olive 1oz	Small Salad	1	33	27	0	3	0	0	0	2	1	0	208
Black Olive 2oz	Large Salad	1	65	54	0	6	1	0	0	4	2	0	417
Blue Cheese Crumbles 0.5oz	Side Salad	1	30	18	2	2	2	0	6	0	0	0	97
Blue Cheese Crumbles 1oz	Small Salad	1	60	45	4	5	3	0	13	0	0	0	195
Blue Cheese Crumbles 2oz	Large Salad	1	120	90	7	10	6	0	26	1	0	0	390
Blue Cheese Dressing 1oz	Side Salad	1	140	135	0	15	2	0	10	1	0	1	1
Blue Cheese Dressing 2oz	Small Salad	1	140	135	0	15	2	0	10	1	0	1	1
Blue Cheese Dressing 3oz	Large Salad	1	140	135	0	15	2	0	10	1	0	1	1
Blueberry 1oz	Side Salad	1	16	0	0	0	0	0	0	4	1	3	0
Blueberry 2oz	Small Salad	1	32	0	0	0	0	0	0	8	1	6	1
Blueberry 3oz	Large Salad	1	48	0	1	0	0	0	0	12	2	8	1
Brie 1oz	Side Salad	1	76	54	5	6	4	0	23	0	0	0	143
Brie 2oz	Small Salad	1	151	117	9	13	8	0	45	0	0	0	285
Brie 3oz	Large Salad	1	227	171	14	19	12	0	68	0	0	0	428
Broccoli 3e	Side Salad	1	19	0	2	0	0	0	0	4	1	1	19
Broccoli 5e	Small Salad	1	32	0	3	0	0	0	0	6	2	2	31
Broccoli 7e	Large Salad	1	45	0	4	0	0	0	0	9	3	2	44
Buffalo Burger	1 each	1	378	243	31	27	0	0	119	0	0	0	1215
Caesar Dressing 1oz	Side Salad	1	146	135	1	15	2	0	15	3	0	0	270
Caesar Dressing 2oz	Small Salad	1	293	279	2	31	5	0	30	5	0	1	541
Caesar Dressing 3oz	Large Salad	1	439	414	3	46	7	0	45	8	1	1	811
Carrot 1oz	Side Salad	1	4	0	0	0	0	0	0	1	0	0	7
Carrot 2oz	Small Salad	1	8	0	0	0	0	0	0	2	1	1	13
Carrot 4oz	Large Salad	1	16	0	0	0	0	0	0	4	1	2	27
Chick Peas 1oz	Side Salad	1	39	9	2	1	0	0	0	6	2	1	60
Chick Peas 2oz	Small Salad	1	78	9	4	1	0	0	0	13	4	2	120
Chick Peas 4oz	Large Salad	1	156	27	8	3	0	0	0	26	7	5	240
Chicken Tenders	1 each	1	440	180	38	20	4	0	60	28	4	4	1140
Chipolte Ranch 1oz	Side Salad	1	133	135	0	15	2	0	15	1	0	0	102
Chipolte Ranch 2oz	Small Salad	1	200	198	0	22	3	0	22	2	0	0	152
Chipolte Ranch 3oz	Large Salad	1	200	198	0	22	3	0	22	2	0	0	152
Corn 1oz	Side Salad	1	17	0	1	0	0	0	0	4	1	1	1
Corn 2oz	Small Salad	1	35	0	1	0	0	0	0	8	1	1	2
Corn 4oz	Large Salad	1	70	9	2	1	0	0	0	17	2	2	4
Croutons 0.25c	Side Salad	1	101	63	1	7	4	0	15	8	0	1	113
Croutons 0.5c	Small Salad	1	202	124	3	14	8	0	30	17	1	2	226
Croutons 0.75c	Large Salad	1	303	186	4	21	11	0	46	25	1	3	339
Cucumber 1oz	Side Salad	1	3	0	0	0	0	0	0	1	0	0	1
Cucumber 2oz	Small Salad	1	7	0	0	0	0	0	0	1	0	1	1
Cucumber 4oz	Large Salad	1	14	0	1	0	0	0	0	2	1	2	2
Fat Free Ranch 1oz	Side Salad	1	33	9	0	1	0	0	2	7	0	1	251
Fat Free Ranch 2oz	Small Salad	1	67	9	0	1	0	0	4	15	0	3	501
Fat Free Ranch 3oz	Large Salad	1	100	18	0	2	0	0	6	22	0	4	752
Feta 1oz	Side Salad	1	49	36	3	4	3	0	16	1	0	1	169

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Feta 2oz	Small Salad	1	150	108	8	12	8	0	50	2	0	2	520
Feta 3oz	Large Salad	1	146	108	8	12	8	0	49	2	0	2	507
Fried Chicken	1 each	1	270	18	28	2	0	0	60	35	2	0	1239
Grapes 10e	Small Salad	1	47	0	0	0	0	0	0	12	1	12	1
Grapes 16e	Large Salad	1	76	0	1	0	0	0	0	19	1	18	2
Grapes 6e	Side Salad	1	28	0	0	0	0	0	0	7	0	7	1
Grass Fed Burger*	1 each	1	488	378	27	42	17	2	128	0	0	0	1215
Greek Vinaigrette 1oz	Side Salad	1	32	9	1	1	1	0	4	4	0	2	114
Greek Vinaigrette 2oz	Small Salad	1	64	27	2	3	2	0	9	8	1	4	229
Greek Vinaigrette 3oz	Large Salad	1	96	36	3	4	2	0	13	12	1	6	343
Green Onion 1oz	Side Salad	1	8	0	0	0	0	0	0	2	1	1	4
Green Onion 2oz	Small Salad	1	15	0	1	0	0	0	0	3	1	2	9
Green Onion 3oz	Large Salad	1	23	0	1	0	0	0	0	5	2	3	13
Grilled Chicken	1 each	1	101	18	23	2	0	0	60	0	0	0	231
Honey Mustard 1oz	Side Salad	1	410	378	1	42	7	0	24	7	0	7	412
Honey Mustard 2oz	Small Salad	1	820	765	1	85	13	0	48	14	0	14	824
Honey Mustard 3oz	Large Salad	1	410	378	1	42	7	0	24	7	0	7	412
House Made American 1oz	Side Salad	1	72	54	5	6	4	0	17	1	0	0	167
House Made American 2oz	Small Salad	1	144	99	9	11	7	0	33	2	0	0	334
House Made American 3oz	Large Salad	1	216	153	14	17	11	0	50	2	0	0	501
Iceburg 2.6oz	Side Salad	1	10	0	1	0	0	0	0	2	1	1	7
Iceburg 3.4oz	Small Salad	1	13	0	1	0	0	0	0	3	1	2	10
Iceburg 7.4oz	Large Salad	1	15	0	1	0	0	0	0	3	1	2	10
Jalapeno 0.5oz	Side Salad	1	3	0	0	0	0	0	0	1	0	0	167
Jalapeno 10.5oz	Large Salad	1	8	0	1	0	0	0	0	2	1	1	500
Jalapeno 1oz	Small Salad	1	6	0	1	0	0	0	0	1	1	1	333
Kalamata Olives 0.5oz	Side Salad	1	16	18	0	2	0	0	0	1	0	0	104
Kalamata Olives 1oz	Small Salad	1	33	27	0	3	0	0	0	2	1	0	208
Kalamata Olives 2oz	Large Salad	1	65	54	0	6	1	0	0	4	2	0	417
Mandarin 2oz	Side Salad	1	22	0	0	0	0	0	0	5	1	5	3
Mandarin 3oz	Small Salad	1	32	0	1	0	0	0	0	8	1	7	4
Mandarin 4oz	Large Salad	1	43	0	1	0	0	0	0	11	1	9	6
Mixed Greens 0.8oz	Side Salad	1	5	0	1	0	0	0	0	1	1	0	3
Mixed Greens 1.4oz	Small Salad	1	9	0	1	0	0	0	0	1	1	0	4
Mixed Greens 2.6oz	Large Salad	1	17	0	3	0	0	0	0	3	2	0	8
Monterey Jack 1oz	Side Salad	1	63	45	4	5	3	0	15	0	0	0	102
Monterey Jack 2oz	Small Salad	1	127	90	8	10	6	0	30	0	0	0	204
Monterey Jack 3oz	Large Salad	1	190	135	12	15	10	0	45	0	0	0	306
Moozozarella 1oz	Side Salad	1	68	45	5	5	3	0	18	0	0	0	142
Moozozarella 2oz	Small Salad	1	136	90	10	10	6	0	36	1	0	0	284
Moozozarella 3oz	Large Salad	1	204	135	15	15	9	0	54	1	0	1	427
Napa 3oz	Side Salad	1	23	0	1	0	0	0	0	5	2	3	17
Napa 40.5oz	Small Salad	1	35	0	2	0	0	0	0	8	4	5	25
Napa 60.4oz	Large Salad	1	50	0	3	0	0	0	0	12	5	6	36
Oil & Vinegar 1oz	Side Salad	1	15	0	0	0	0	0	0	2	0	2	3
Oil & Vinegar 2oz	Small Salad	1	29	0	0	0	0	0	0	5	0	4	7
Oil & Vinegar 3oz	Large Salad	1	44	9	0	1	0	0	0	7	0	6	10
Parmesan 1oz	Side Salad	1	38	18	3	2	2	0	7	0	0	0	132

Item Name	Serving Size	# of Servings	Energy (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Parmesan 2oz	Small Salad	1	75	45	7	5	3	0	13	1	0	0	264
Parmesan 3oz	Large Salad	1	113	63	10	7	5	0	20	1	0	0	395
Peanut Soy 1oz	Side Salad	1	70	36	3	4	1	0	0	6	0	4	950
Peanut Soy 2oz	Small Salad	1	141	63	5	7	1	0	0	12	1	9	1901
Peanut Soy 3oz	Large Salad	1	211	99	8	11	2	0	0	18	1	13	2851
Peanuts 0.5oz	Small Salad	1	54	45	2	5	1	0	0	2	1	0	38
Peanuts 1oz	Large Salad	1	108	81	4	9	1	0	0	4	2	1	76
Pecans 0.5oz	Small Salad	1	64	63	1	7	1	0	0	1	1	0	0
Pecans 1oz	Large Salad	1	127	117	2	13	1	0	0	3	2	1	0
Pepper Jack 1oz	Side Salad	1	64	54	4	6	3	0	16	0	0	0	104
Pepper Jack 2oz	Small Salad	1	128	99	8	11	6	0	32	0	0	0	208
Pepper Jack 3oz	Large Salad	1	192	153	12	17	10	0	48	0	0	0	312
Pepperoncini 1oz	Side Salad	1	10	0	0	0	0	0	0	1	0	0	280
Pepperoncini 2oz	Small Salad	1	20	0	0	0	0	0	0	2	0	0	560
Pepperoncini 3oz	Large Salad	1	30	0	0	0	0	0	0	3	0	0	840
Pimento 1oz	Side Salad	1	162	144	3	16	5	0	20	2	0	1	242
Pimento 2oz	Small Salad	1	13	0	1	0	0	0	0	3	1	2	8
Pimento 3oz	Large Salad	1	20	0	1	0	0	0	0	4	2	2	12
Pineapple 1e	Side Salad	1	4	0	0	0	0	0	0	1	0	1	0
Pineapple 2e	Small Salad	1	9	0	0	0	0	0	0	2	0	2	0
Pineapple 3e	Large Salad	1	14	0	0	0	0	0	0	4	0	3	0
Radish 1oz	Side Salad	1	5	0	0	0	0	0	0	1	0	1	11
Radish 2oz	Small Salad	1	9	0	0	0	0	0	0	2	1	1	22
Radish 3oz	Large Salad	1	14	0	1	0	0	0	0	3	1	2	33
Ranch 1oz	Side Salad	1	177	171	1	19	7	0	38	2	0	1	75
Ranch 2oz	Small Salad	1	353	342	2	38	14	1	76	3	0	2	150
Ranch 3oz	Large Salad	1	530	513	2	57	21	1	113	5	0	2	226
Red Onion 0.5oz	Side Salad	1	6	0	0	0	0	0	0	1	0	1	1
Red Onion 1oz	Small Salad	1	11	0	0	0	0	0	0	3	0	1	1
Red Onion 2oz	Large Salad	1	23	0	1	0	0	0	0	5	1	2	2
Red Pepper 10e	Side Salad	1	5	0	0	0	0	0	0	1	0	0	1
Red Pepper 5e	Small Salad	1	5	0	0	0	0	0	0	1	0	0	1
Red Pepper 7e	Large Salad	1	5	0	0	0	0	0	0	1	0	0	1
Romaine 1.4oz	Side Salad	1	13	0	1	0	0	0	0	3	2	1	6
Romaine 2.5oz	Small Salad	1	24	0	2	0	0	0	0	5	3	2	11
Romaine 3.4oz	Large Salad	1	32	9	2	1	0	0	0	6	4	2	15
Shredded Cheddar 1oz	Side Salad	1	57	45	3	5	3	0	14	0	0	0	93
Shredded Cheddar 2oz	Small Salad	1	115	81	6	9	5	0	28	1	0	0	185
Shredded Cheddar 3oz	Large Salad	1	344	252	19	28	16	1	84	3	0	0	555
Spinach 0.09oz	Side Salad	1	6	0	1	0	0	0	0	1	1	0	20
Spinach 0.9oz	Small Salad	1	6	0	1	0	0	0	0	1	1	0	20
Spinach 2.3oz	Large Salad	1	7	0	1	0	0	0	0	1	1	0	26
Strawberry 12e	Large Salad	1	29	0	1	0	0	0	0	7	2	4	1
Strawberry 4e	Side Salad	1	10	0	0	0	0	0	0	2	1	1	0
Strawberry 8e	Small Salad	1	19	0	0	0	0	0	0	5	1	3	1
Swiss 1oz	Side Salad	1	67	45	5	5	3	0	16	0	0	0	32
Swiss 2oz	Small Salad	1	134	99	9	11	6	0	32	0	0	0	64
Swiss 3oz	Large Salad	1	201	144	14	16	9	1	47	1	0	0	95

Item Name	Serving Size	# of Servings	Energy (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Fresh Lemonade	1 each	1	109	0	0	0	0	0	0	36	2	33	4
Fresh Strawberry Lemonade	1 each	1	160	0	0	0	0	0	0	48	3	43	4
Hot Tea	1 each	1	0	0	0	0	0	0	0	0	0	0	0
Iced Tea	1 each	1	0	0	0	0	0	0	0	0	0	0	0
Sweet Tea	1 each	1	964	0	0	0	0	0	0	249	0	249	2
Water	1 each	1	0	0	0	0	0	0	0	0	0	0	0
Soda Water	1 each	1	0	0	0	0	0	0	0	0	0	0	0
Sparkling Water	1 each	1	0	0	0	0	0	0	0	0	0	0	0
Kids Milk	10 oz	1	120	89	15.3	3	1.7	1	14	14	0	15	124
Kids Orange Juice	10 oz	1	129	0	0	0	0	0	0	30	0	23	3
Kids Apple Juice	10 oz	1	129	0	0	0	0	0	0	32	0	27	11
Coke	16oz	1	190	0	0	0	0	0	0	52	0	52	60
Coke Zero	16oz	1	0	0	0	0	0	0	0	0	0	0	40
Diet Coke	16oz	1	0	0	0	0	0	0	0	0	0	0	40
Diet Dr. Pepper	16oz	1	0	0	0	0	0	0	0	0	0	0	38
Dr Pepper	16oz	1	250	0	0	0	0	0	0	67	0	67	80
Mr Pibb	16oz	1	190	0	0	0	0	0	0	52	0	52	53
Sprite	16oz	1	190	0	0	0	0	0	0	51	0	51	85
Diet Pepsi	16oz	1	0	0	0	0	0	0	0	0	0	0	35
Pepsi	16oz	1	200	0	0	0	0	0	0	55	0	55	40
Mist Twist	16oz	1	190	0	0	0	0	0	0	52	0	52	45
Mountain Dew	16oz	1	230	0	0	0	0	0	0	62	0	62	85
Abita Root Beer	16oz	1	236	0	0	0	0	0	0	59	0	51	21
Barqs Root Beer	12oz	1	215	0	0	0	0	0	0	60	0	60	93
Root Beer Float	1 each	1	312	0	5	15	10	0	58	42	0	37	159

* Not Available at All Locations

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2000 calories a day is used for general nutrition advice, but calorie needs vary.